


Family Resiliency



Outlook

Summer Programming



Coulee Connections



2024

Welcome to Outlook Summer Program!

Outlook Summer Programming provides youth with:

Coulee Connections is excited to offer up the opportunity for a six-week Summer School Program available to students (ages 5-16) who may struggle to maintain within a normal summer school program. The Outlook Summer School Program will provide a structured learning environment for students to strengthen their foundational core strengths, practice skills related to emotional regulation, problem solving, formulating healthy relationships, and increasing their motivation to learn.

ADVENTURE: Summer is about creating moments of shared joy and summer magic. It's fun in the sun, hiking the trails or stomping through your favorite hidden creek. Go on exciting day trips, tackle team challenge courses and master outdoor survival skills.

STRUCTURE: Daily routine and structure help students practice balanced, relational patterns with adults and peers.

ACADEMICS: Outlook Summer Programming is an unforgettable experience bringing individuals together around experiential academic activities to strengthen their core academic skills of reading and math.



Program Highlights

Dates: Jun 24 - Aug 2, 2024

Days: Mon - Fri (8am - 2pm)

Transportation needs to be arranged by caregivers/schools/community services.

The six weeks will reflect a combination of hands-on experiential outdoor programming, as well as certified teacher-implemented activities designed to generate excitement for students about the learning process. Coulee will help kids remain acclimated to the structure and routine of school, better preparing them for the upcoming school year.

Coulee Connections' comprehensive approach helps youth who have difficulty finding success in traditional summer settings - thrive!



Outlook Summer Program 2024

Summer Activities Include...

- Fishing
- Canoeing
- Team Building Challenges
- Hiking in the bluffs
- Geo-caching
- Low ropes challenge
- Crafts
- Woodworking
- Campfire cooking
- Primitive Survival
- Swimming
- Music
- Creek Exploration
- Shelter Building
- Rockets
- AND MANY MORE!!!

Developmentally Aligned Age Groups

Adventurers (ages 5-8): Adventurers will have fun while learning to follow staff cues, meeting basic expectations, practicing transitions, and making friends.

Explorers (ages 9-11): Explorers practice following staff cues while developing social connections and learning social rules.

Pathfinders (ages 12-14): Pathfinders participate in self and group reflections while developing secure self identities.

Expeditioners (ages 15-16):

Expeditioners learn self discovery, personal growth, interdependence, teamwork and compassion.

*** Space available for ages 11-16 to attend the overnight wilderness trip.***



Funding Options

- Extended School Year (ESY)
- Mental Health Grant Dollars
- County Waiver Funds
- Community Foundations
- Children's Miracle Network Foundation Grant (Must meet specific criteria. Referrals directly to Matt Tepper.)

Expeditions - Week 5 (If Appropriate)

Participants ages 11-16 will have an opportunity to engage in an overnight wilderness trip. Opportunities for personal growth and development are interwoven into the daily demands of paddling and setting up camp. As challenges grow, so does the individual, gaining strengths and insights that will endure long after the trip is over. The Coulee team leads caregivers and kiddos in working through challenging thoughts and feelings that will arise in the lead up to and during the trip.

Actual participation in the trip during week 5 is the result of the ongoing discussion between staff, caregivers and kiddo. The last week of programming is for celebration, reflection, and to create a springboard of skills into the upcoming school year.

Turtle Flambeau Trip: Located near Manitowish Waters (1 hour north of Wausau). The kiddos will be canoeing, fishing, swimming and camping during their stay. Each age group (Explorers, Pathfinders and Expeditioners) will stay at different group campsites located in the Turtle Flambeau.

The first 4 weeks of summer programming will be spent preparing the hard skills that kiddos will need to have to help them during the daily routine. Trip dates are: Monday, July 22nd - Friday, July 26th



Summer Schedule 2024

Family & Community Engagement

Days: Monday - Friday
Program Hours: 8 a.m. - 2 p.m.

Week 1: June 24-28

Week 2: July 1-5
(July 4 observed holiday—No Programming)

Week 3: July 8-12

Week 4: July 15-19

Week 5: July 22-26

Week 6: July 29-August 2

Bridging skills developed in Outlook Summer Programming to parents and community support teams is often a challenge. Our team offers caregivers, parents, and community support teams the opportunity to experience, learn and practice using Coulee's IMPACT framework.

IMPACT drives the way our caregivers interact with your kiddo in programming. We intentionally utilize our 5 Core Tasks to create healthy patterned practice opportunities. If curious, we invite families and community teams to join our team in collaborating **prior to, during** and **following** your child's participation in programming.

Coulee offers the following bridging supports for family and community teams:

- **Family Fun Nights! (Dates to be determined)**
- Inclusive, client-centered **informational meetings** and **gatherings**
- Individualized strength-based **plan of care** development
- **Team Building** - a variety of fun activities including outdoor adventure-based team building tailored to family and service team members



Mission

Coulee Connections compassionately unites the collective strengths of individuals, families, and community to embrace healing through inspired living.



Circle of Security Informed Program



The Circle of Security-Informed program at Coulee Connections is a powerful and successful application of the Circle of Security framework, applied to an alternative educational setting and afterschool supports for Special Needs children, their parents, and their communities. It is essentially a revolutionary, integrative approach that promises real and stable change through community and residential programs that too often serve largely as long-term respite care without lasting change.

-Bob Marvin, PhD.

REFERRALS

To make a referral, please complete our online referral application form at:

couleconnections.com > Programs > Outlook Summer Program

Questions, please contact Matt Tepper:

Phone: 608-519-5540, Ext. 104

Fax: 608-519-5543

Address: 99 Milwaukee St., La Crosse, WI 54603